

SCHOOLS DIVISION OFFICE OF NAVOTAS CITY

Bagumbayan Elementary School Compound
M. Naval St., Sipac-Almacen, Navotas City
Telephone Number: 83327764/83555032/82755239/83327985/



Website: depednavotas.ph / Email: navotas.city@deped.gov.ph / Facebook: DepEd Division of City Schools, Navotas

THE USE OF SCHOOL-BASED FEEDING PROGRAM AS SUPPLEMENTARY INTERVENTION TO IMPROVE THE READING ABILITY IN ENGLISH OF SELECTED GRADE FIVE PUPILS AT WAWA ELEMENTARY SCHOOL

CAMILLE L. DELA CRUZ

LARA MAY A. GUILLERMO

KEITHLYN S. LADERAS

ABSTRACT

The purpose of this action research is to improve the reading ability in English of selected grade five pupils of Wawa Elementary School, SY 2022 – 2023 through the use of school-based feeding program as supplementary intervention. The researchers choose two sections from grade 5 of Wawa Elementary School. Fifteen pupils each from sections Psalms and Mathew were selected based on the result of the Phil-IRI Oral Reading Test. The study revealed that the project Let's READ in combination with the school-based feeding program have a positive impact on the reading ability level of grade 5 pupils of Wawa Elementary School in English subject since more pupils from the experimental group improved their reading ability level. Thus, the researchers recommend that other grade 5 pupils with low proficiency level to undergo project Let's READ and school-based feeding program that helps in improving the reading ability level of learners in English.

INTRODUCTION

Many pupils fear English Subject because of their rigid nature. The researchers believes that a lack of passion and originality in the teaching-learning process may imperil students' progress in the topic resulting in low academic performance.

Reading is a lifelong skill to be used both at school and throughout life. According to Anderson, Hiebert, Scott, & Wilkinson, reading is a basic life skill. It is a cornerstone for a child's success in school and, indeed, throughout life. Without the ability to read well, opportunities for personal fulfilment and job success inevitably will be lost (1985). Despite its importance, reading is one of the most challenging areas in the education system. The ever-increasing demand for high levels of literacy in our technological society makes this problem even more pressing (Snow, Burns, & Griffin, 1998).

Research has indicated that both acute and chronic hunger affect children's access to school, their attention span, behaviour in class and educational outcomes. Studies have shown that children suffering from short term hunger, as a result of skipping breakfast, for example, have difficulty concentrating in class and performing complex tasks (DoH 2005:27, WFP 2006). This situation encourages the researchers to conduct Project Let's R.E.A.D. (Read English story A Day) with the help of school-based feeding program to increase the reading ability level and improve the nutritional status of the grade 5 pupils respectively.

According to the study mentioned above, reading is a basic life skill and it is a cornerstone for a child's success in school and indeed, throughout life. Reading daily improves comprehension and pupils' performance. This prompted the researchers to use school-based feeding program as supplementary intervention to improve the reading ability in English of selected grade five pupils at Wawa Elementary School.

STATEMENT OF THE PROBLEM

The purpose of this study is to improve the reading ability in English of selected grade five pupils at Wawa Elementary School through the use of school-based feeding program as supplementary intervention.

Specifically, this study sought to answer the following:

1. How can the school-based feeding program help in enhancing reading ability of selected Grade 5 pupils in Wawa Elementary School?

METHODOLOGY

The researchers used quantitative technique in the study to identify the mean mastery level of the students in reading. The participants of this study are the Grade 5 pupils in English of Wawa Elementary School from section Psalms and Matthew. The researchers selected 15 pupils from each section based on the results of Phil-IRI Oral Reading Test for Grade 5 pupils. These pupils were divided into 2 groups, one control and the other experimental. The control group undergone the Project Let's READ, while the experimental group was also placed under the feeding program. Phil-IRI Oral Pre-test and Posttest scores were recorded and analyzed to determine the effectiveness of the intervention.

RESULTS AND DISCUSSIONS

	PRE	POST	PRE	POST
	CONTROL		EXPERIMENTAL	
FRUSTRATION	15	9	15	3
INSTRUCTIONAL	0	5	0	7
INDEPENDENT	0	2	0	5

The table summarizes the results from the pre-test and post-test on reading ability level of 30 grade 5 pupils of Wawa Elementary School. On the result for the control group 5 pupils advanced to instructional level and 2 pupils to independent level. For the experimental group, 7 pupils advanced to instructional level and 5 pupils to independent level. Clearly, more pupils in the experimental group improved their reading level. All in all, 7 out of 30 pupils or 23% are now categorized as independent reader, after the program. Also, 12 or 40% are now instructional readers. This result means that the intervention becomes more effective when done with feeding program.

CONCLUSION

The study showed that pupils involved in the Project Let's R.E.A.D with the help of school-based feeding program showed better improvement in their reading skill level. It can be concluded that pupils with full stomach and properly fed learn better.

RECOMMENDATIONS

The researchers recommend the implementation of school-based feeding program to all pupils in relation to Project Let's R.E.A.D in their classes. It could also help to continuously improve not only the reading ability level of grade 5 pupils in English, but their nutritional status as well.

REFLECTION

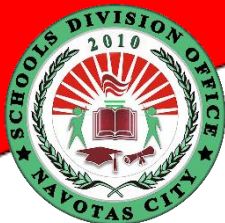
The researchers experienced and seen the importance of school-based feeding program in improving the nutritional status and its purpose to help the students to increase the reading ability level of grade 5 pupils in English subject.

The researchers also realize that improving the nutritional status of pupils has a great impact on the improvement of the reading ability level.

REFERENCE:

CHAPTER 2: LITERARY SYNTHESIS: SCHOOL FEEDING PROGRAMMES AND PRODUCTS

<http://digiresearch.vut.ac.za/bitstream/handle/10352/90/06%20Kearney%20Chapter%202.pdf?sequence=6&isAllowed=y>
Improving reading skills through effective reading strategies
<https://pdf.sciencedirectassets.com/>



Republic of the Philippines
Department of Education
National Capital Region

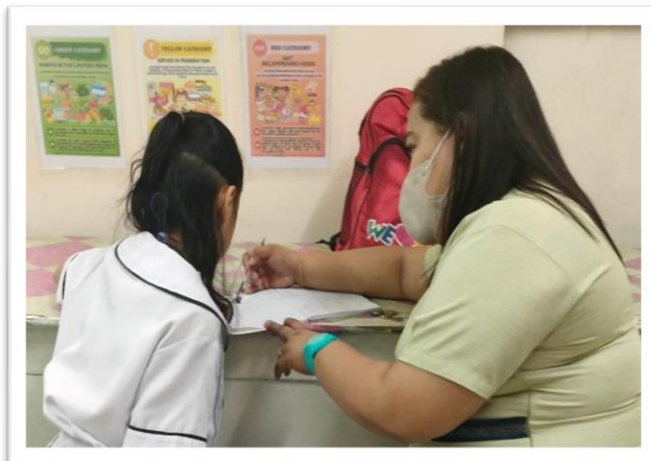
SCHOOLS DIVISION OFFICE OF NAVOTAS CITY

Bagumbayan Elementary School Compound
M. Naval St., Sipac-Almacen, Navotas City
Telephone Number: 83327764/83555032/82755239/83327985/



Website: depednavotas.ph / Email: navotas.city@deped.gov.ph / Facebook: DepEd Division of City Schools, Navotas

Attachments:



Approved:

Submitted by:

MR. BENJAMIN C. PEREZ
Principal-WES

CAMILLE L. DELA CRUZ

LARA MAY A. GUILLERMO **KEITHLYN S. LADERAS**
Teacher-Researchers



Passion... Purpose... Productivity...
SDO Navotas City, U N O !